Healthy Ulster Council

November 8, 2018

Minutes

**Attendance**: Jacquelyn Arsenuk, UCDSS SHP; Susanne Callahan, IFH; Christina Carranceja, IFH; Maria Cecilia Deferrari, CCEUC; Sophia Ender, UCSHP; Marge Gagnon, Rose Women’s Care Service; Melinda Herzog, CCEUC; Farnaz Jafari, IFH; Jaqueline Kellachan, MiSM; Tara Kleinhans, CCEUC; Stacy Kraft, UCDOH; Vincent Martello, UCDOH; Diane Mueller, OFA/BOCES; Shanna Nigro, Ellenville Regional Hospital; Christine Noble, UCOFA; Julie Noble, City of Kingston; Kathleen Nolan, Catskill Mountainkeeper; Carol Smith, UCDOH; Sendy O’Brien, MiSM; Rosemary Quinn, SUNY Ulster Health & Safety Institute; Victoria Reid, Ellenville Regional Hospital; Gloria Valdez, Hitch.org; Grecia Mena, Hitch.org; Mike Malloy, SUNYNP; Emily Flynn, City of Kingston

**Intros**

**Presentation**: “Exploitation and Trafficking of Youth” *Jackie Arsenuk, Safe Harbour Coordinator for the Ulster County Department of Social Services Safe Harbour Program*

* 5 year program funded through office of NYS Children and Family Services
* Goals: create awareness, educate, identification and diversion, outreach, prevention, case management and data collection
  + Public Health Law (2016): requires subject facilities (hospitals, public health centers, diagnostic centers, treatment centers, etc.) to establish and implement written policies and procedures for the identification, assessment, and treatment or referral
* Health professionals are first contact (typically) in identification
* Human Trafficking: the practice of exploiting peoples commodities in conditions of sexual and labor servitude
  + Misconceptions: it happens in poor countries (it happens everywhere), human smuggling in an example of trafficking ( movement is not necessary), poor choices lead individuals into prostitution and exploitation (trauma/lack of opportunity), individuals are usually kidnapped or forced (fraud and coercion are tactics more commonly utilized), sex trafficking is more prevalent than labor trafficking (labor trafficking is more common)
* Objectives: decriminalize prostitution charges for youth
  + Safe Harbour for Exploited Children Act (2008)
  + Commercial Sexual Exploitation of Children (CSEC) – images of child sexual abuse, sex tourism, cyber-enticement, exotic dance, sextortion (sexual blackmail), child sex trafficking
  + Types of Child Sex Trafficking: Family, Gang, Pimp & Survival Sex
* Human Trafficking: recruited, harbouring, moving or obtaining by force, fraud, coercion
  + Vulnerable populations
  + Victim Indicators: coming home late or going missing for periods of time, unaccounted for money, being groomed on the internet, self-harm, truancy from school, isolated youth, fearfulness/anxiety/trauma, gang affiliation, using sex slang, etc.
  + Labor Indicators: no documents, few possessions, rarely seen, working long hours with minimal or no breaks, live and work in the same place
* Safe Harbour Services: work with youth up to age 21
  + Youth Workshops: building skills for healthy relationships, safety planning/harm reduction, self-esteem, online safety, sharing photos, SafeHarbour Artreach: Inspiring Community Action

UC Safe Harbour: 845-340-3443, text and chat: 845-679-2485

National Human Trafficking Hotline: 1-888-373-9888; HumanTraffickingHotline.org

**Presentation:** “Climate Resilience in Kingston” *Julie Noble, Environmental Education and Sustainability Coordinator for the City of Kingston Parks and Recreation*

* “The Impact of Climate Change on Human Health” *Centers for Disease Control and Prevention*
  + Climate change: Increased carbon dioxide, severe weather, rising sea level, rising temperatures
  + Health impacts: increasing allergens, water quality, disease, viruses and bacteria, mental health, food systems
  + Municipal Factors: Mitigation (how to change what we have control over) & Adaption (things we cannot change and have to adapt to)
    - Conservation Advisory Council in 2008 (CAC) – advise on environmental matters
    - Climate Action Plan Adopted in 2012 – how to address issues
    - *Planning for Rising Waters* Plan Adopted in 2013
    - NYS Climate Smart Communities Certification – awarded Silver in 2018 (currently the highest level)
* City Wide Initiative: Outreach, education and community engagement
  + Environmental education for the public and schools, conference on the environment, Earth Fair and expo, Waterfront Resiliency Summit and High Water Festival, Climate Smart Kingston Commission, Kingston CAC
  + Energy: clean energy, alternative fuel fleet, benchmarking buildings, energize NY finance, solarize Kingston, unified solar permit, LED building retrofits, LED streetlight conversions, City Hall storm windows
  + Land use: natural resource inventory, street and park tree inventory, Open Space Plan, Organics Diversion Plan (compost), green infrastructure (repaving and storm water management), urban ag zoning, Rondout Creek Watershed Management Plan
  + Transportation: Greenline, complete streets, etc.
  + Waterfronts: access, resilience, adaptation, economic development

Kingston’s Sustainability and Waterfront Initiatives: [www.kingston-ny.gov/sustainability](http://www.kingston-ny.gov/sustainability)

**Break -5 Minute Health Boosting Walk From 3 Mile Calorie Blast**

**https://www.youtube.com/watch?v=bLRZaqrneAI**

**Council Discussions:**

* Jaqueline – open enrollment for health insurance in NYS, navigators available
* Vince UCDOH – working on community health improvement update
* Dr. Carol Smith – listen to the Healthy Ulster Radio Show!
* Rural Health Network – cardiovascular disease reduction program in Ellenville
* Kathy Nolan – continuing to buildout trail network connecting the walkway over the Hudson to New Paltz and up to Kingston; Shokan trail projected to open next summer
* Susanne Callahan (IFH) – new health center on Pine St. in midtown Kingston to open in 2 years; mental and primary health services and a community room will be included
* Family Practice – come get your flu shot
* Gloria Valdez – Hitch.org focuses in Ulster and Dutchess counties for women 50 and over and men 60 and over; goal is orientations and presentations, referrals for people who don’t have insurance, immigration status, etc.
* Christina Carranceja – Zumba in New Paltz every Thursday through the middle of February
* Marge Gagnon – Silent Epidemic: seniors and addiction event tomorrow
* Christine Noble – 1 free shopping and 2 free medical (for those on Medicare) trips per week for seniors, call or go online to register, also there’s a senior walking group
* Tara – looking for sponsors for our year-end campaign, check out our website for the many programs we offer
* Diane Mueller – self management, chronic disease class in Ellenville, mass care lead covering 24 counties
* Melinda – Nutrition Education Program (EFNEP) free 6-8 week cooking with families program, contact us for more information
* Stacy Kraft – Ulster County recognizes entities that have purchase AEDs; CHIP eating disorders coalition free conference on November 30; E-cigarette brochures are available to educate about the dangers; invited to share UCDOH-MH social media (Twitter and Facebook) @UCDeptHealth posts on your agencies sites.