



The **Healthy Ulster Council** is a coalition of community agencies, organizations, and individuals, that meet bi-monthly to foster communications, awareness, and potential synergies in and among organizations and individuals working on various aspects of community wellness and prevention as it relates to chronic disease. We envision our county as a place where a strong culture of health supports healthy lifestyles for people of different socioeconomic backgrounds.

The **Healthy Ulster Council** meets for the purposes of professional development, networking, and collective action. The Council maintains an Inventory for Health, which is a living document that catalogs current policies and programs addressing the social determinants of health in our county.

The **Healthy Ulster Council** meets on the 2nd Thursday in the months of January, March, May, July, September, and November, from 2:00pm-4:00pm. Meetings are held at the Ulster County Department of Health and Mental Health in Kingston. Currently, during the COVID-19 crisis, meetings are being held online via Zoom. To join contact Melinda Herzog at <a href="mailto:mmh62@cornell.edu">mmh62@cornell.edu</a> or Stacy Kraft at <a href="mailto:stor@co.ulster.ny.us">stor@co.ulster.ny.us</a>.

















**Vision:** We envision our county as a place where a strong culture of health supports healthy lifestyles for people of different socioeconomic backgrounds. **Mission:** The Healthy Ulster Council strengthens collaboration between organizations working to promote wellness, prevent illness, and improve health outcomes through collective action and projects.